



Providing opportunities, training, and supports for individuals to assist them in becoming as independent as possible at home, at work, and in the community.

Subcontract Services

Simple Assembly
Packaging
Sorting



Job Placement

Individualized Training
No Cost Employee
Assistance

WE CAN SAVE YOUR BUSINESS MONEY, TIME, & SPACE



Martin Enterprises received its three-year CARF International Accreditation in December 2018

Promotional Items
Screen Printing
Awards



PO Box 1084 - 6003 West Main Street Ext., Williamston, NC
Phone: 252-789-0508—Fax: 252-789-0775
Website: www.htmconceptsofmartinenterprises.com

Embroidery
Signage
Gifts

Martin County Residential Services, Inc.
DBA Martin Enterprises
PO Box 1042
Williamston, NC 27892

3rd Quarter, 2021



July—September



VOCATIONAL REHABILITATION

Martin Enterprises and the VR Department experienced the loss of loving friend and employee, Linda Carter. Linda was very significant in the development and success of Martin Enterprises. She always went above and beyond and was ready to take on any task. Her hard work and dedication contributed to the success of many of our clients, giving them a second chance in life.

Linda was caring and generous to the people in the community. In spending her life helping and encouraging others, Linda has definitely achieved success. This was her legacy. She will be missed, but never forgotten.

DEFINITION OF SUCCESS

*"To laugh often and much; to win the respect of intelligent people and the affection of children;
to earn the appreciation of honest critics and endure the betrayal of false friends;
to appreciate beauty. To find the best in others; to leave the world a bit better, whether by a
healthy child, a garden patch, or a redeemed social condition; to know even one life has
breathed easier because you lived. This is to have succeeded."*

Ralph Waldo Emerson

This quarter, we continue to place consumers in Bertie, Martin, Pitt, Washington, and Beaufort County. We have placed 10 Work Adjustment clients and 2 Supported Employment clients.

We would like to extend a special thank you to KFC and Dollar General of Washington Co., Faith Works and McDonald's of Martin Co., Carryout by Chrislyn of Beaufort County, and Ollie's of Pitt County. As always, the VR Department encourages you to shop local because it allows these businesses the opportunity to employ our consumers. When our consumers work, we all win!

With Covid-19 and everyday stressors, sometimes we forget to breathe. Follow the steps below to calm your mind, lower your heart rate, and regulate your breathing. Use this meditation from Beaufort County's Public Health of NC whenever you're feeling stressed. Repeat 3 - 4 times to feel an all-over calming effect and share this with your friends and family who need a reminder to breathe!

We want to partner with you to continue serving our community and helping our clients reach success. If you or your company is interested in receiving services through the Vocational Rehabilitation Program at Martin Enterprises, please contact Sonona R. Jefferson, VR Services Manager at (252) 792-8251. We look forward to serving your needs.

Count Down Stress!

Square Breathing

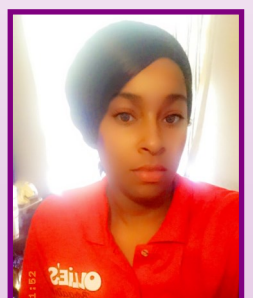
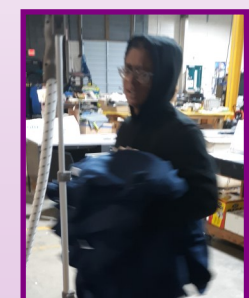
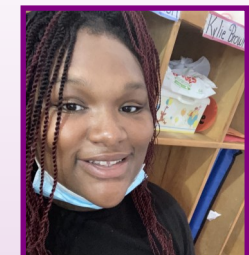
Step 1: Inhale 1, 2, 3, 4

Step 2: Hold it 1, 2, 3, 4

Step 3: Exhale (slowly) 1, 2, 3, 4

Step 4: Rest 1, 2, 3, 4

Just breathe





ARC / UCP GROUP HOMES

**WELCOME, CURVEY
LANE, OUR NEW
GROUP HOME
PROGRAM
ASSISTANT!**

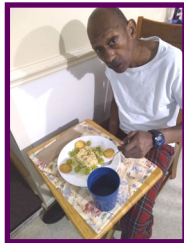


This quarter, the residents of ARC and UCP group homes focused on chair exercising, aerobics, and eating healthier. In July, the residents had a July 4th cookout where they were able to socialize, enjoy good food, and dance the day away. The residents also sang their own songs, celebrated a birthday party with family, and attended a birthday party given by the Oak City Church family. They visited the Washington waterfront, Haven Gardens, and ended the trip with a hearty meal at The Golden Dragon Restaurant.

In August, the residents enjoyed a Game Day where they played numerous games like: Uno, Connect 4, Barrell of Money, and The Safety Pin game throughout the day. The residents took special time to phone family and friends, enjoyed dinner and movies, spruced up the flower garden, took wellness walks in the community, and had a healthy eating contest.

In September, the residents decorated the homes for the fall with the fall crafts they made. The residents had a Labor Day cookout with uplifting music, played Horseshoes, and enjoyed the fresh air as they took rides around the town.

The pandemic may have changed the itinerary of our social butterflies, but it could never dampen their spirit. Stay tuned for next quarter's events!

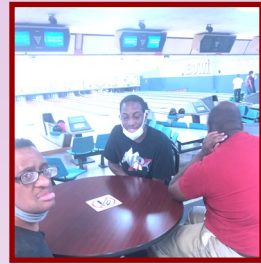


JUL	YEARS OF SERVICE	AUG	YEARS OF SERVICE	SEP	YEARS OF SERVICE
James Strickland	1	Alexander Moore	26	Patricia Sherod	16
		Mable Speller	4	Darrell Overton	8
		Tasha Coffield	2	Brenda Boston	3

2021	Perdue	Hampton Art	Cardboard	Fastenal
Jul	460,200	337	22.62	409
Aug	548,550	2,470	20.92	411
Sep	205,500	0	21.42	237
3rd Qtr.	1,214,250	2,807	64.96	1,057
	Poultry trays	Tubes of beads	Tons of Cardboard	Kits Assembled

**If Plan A doesn't
work, the alphabet
has 25 more letters
....Stay cool!**

**~Former client, now
employed by Martin
Enterprises**



CLFS, ADVP, PSR, AND INNOVATIONS



This quarter, CLFS, ADVP, PSR, and Innovations clients enjoyed free healthy snack items from the Trillium Snack Food truck. In July, the truck started coming to Martin Enterprises, bringing free snacks or drinks for clients once a week and healthy snack options for sale to clients and staff twice a month. Thank you to the Trillium staff and clients that have been helping with the deliveries, ringing up the sales, and giving Martin Enterprises' clients and staff healthier snack options.

The clients had fun making beautiful arts and crafts for Independence Day, learning new games, burning calories and boosting energy in the daily wellness walks, receiving a free grilled hot dog lunch provided by the Social Club, going to the park, volunteering weekly with Meals on Wheels, watching movies and eating popcorn, having an exciting time with cooking goals because they get to eat their delicious creations, and last but not leastspending the day at the Williamston Bowling Center. The clients are excited about the events of the next quarter. We'll be sure to tell you all about it!

COOKING GOALS



STRETCHING BEFORE A WELLNESS WALK

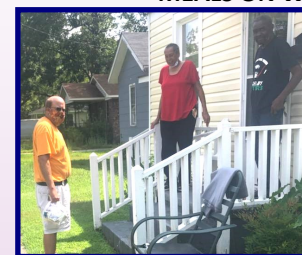
ARTS AND CRAFTS/NEW FISHING GAME



I/DD EMPLOYEE OF THE MONTH



MEALS ON WHEELS



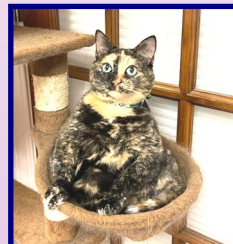
TWINS....TWICE



BIRTHDAY QUEEN FOR A DAY



CAT IN A CUP



POPCORN TIME!

